## Syllabus for Psychology Bachelor's

### Section 1: Subject Knowledge

# Please Note: A Total of 40 Questions will be asked, combining the following topics, with the difficulty level commensurate to a Bachelor's Candidate.

#### Unit I: Psychological Disorders

Concepts of abnormality and psychological disorders, Classification of disorders, Factors underlying abnormal behaviour, Major psychological disorders.

#### Unit II: Biopsychology

Neural conduction and synaptic transmission, CNS & PNS: Structure and functions, Neuroplasticity, Structure and function of neuron, Synapse and neurotransmitters, Structure, functions and abnormalities of major glands.

#### Unit III:Self and Personality

Self-regulation, Cognitive development, Major approaches, Assessment of personality: self-report measures, behavioural analysis, and projective measures, Self efficacy, Concept of personality, Self-esteem, Culture and self.

#### Unit IV: Social Influence and Group Processes

Dynamics of social influence on conformity, Obedience, and compliance, Cooperation and competition, Inter-group conflicts, Influence of the group on individual behaviour, Social identity, Group formation, Conflict resolution techniques, Attitude formation and change, Social cognition, Schemas and stereotypes, Prejudice and discrimination.

#### Unit V: Therapeutic approaches

Nature and process of therapy, Therapeutic relationship, Types of therapies , Alternative therapies, Counselling approaches.

#### Unit VI: Variations in Psychological Attributes

Theories of intelligence, Nature and scope, Intelligence: individual differences in intelligence, Emotional intelligence, Motivation, Assessment of psychological attributes, Perception, Special abilities.

#### Unit VII: Developmental Psychology

Concept of human development, Theories, Periods of lifespan development, Domains of human development, Sociocultural contexts for human development.

#### Unit VIII: Development of Psychological Thought

Debate on understanding psyche, Early schools of psychology, Positivist orientation, Psychoanalytic and Humanistic-Existential orientation, Feminism and Social Constructionism.

#### Section 2: Fundamental Research Skills

Please Note: A Total of 31 Questions will be asked, combining the following topics, with the difficulty level commensurate to a Bachelor's Candidate.

- 1. Research Methodology
- 2. Reading and Writing
- 3. Qualitative analysis